

Intent

At Swindon Village Primary School, teachers plan a progressive unit of 6 lessons using The Power of P.E scheme of work. These lessons can be followed verbatim or used as inspiration (while maintaining the lesson's overall objectives).

Mini plenaries –throughout the lessons- are used to share misconceptions, pose questions, challenge ideas. Through investment from Sports Premium, children will have the use of a range of equipment, ensuring that they are allowed to experiment with equipment and game ideas. All tasks during P.E lessons can be differentiated, allowing the children to progress at their own pace and ensuring they are given opportunities to be independent problem solvers.

Swindon Village Primary School's P.E. philosophy

- Engage all students within every P.E lesson
- Give all students the opportunity to participate and improve their physical ability
- To be involved in physical activity for sustained periods of time
- Give students the opportunity to be involved in competitive sports and activities
- For students to lead, officiate and participate within lessons to give opportunities to develop sportsmanship and leadership.
- To promote and demonstrate the benefits of daily activity and healthy lifestyle, and support students and in achieving this.

Knowledge and understanding gained at each stage

By the end of EYFS pupils will:

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination when playing
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

By the end of Key Stage 1 pupils will:

- develop fundamental movement skills
- be competent and confident and extend their agility, balance and coordination
- engage in competitive and co-operative physical activities
- master basic movements including running, jumping, throwing and catching
- develop balance, agility and co-ordination
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

By the end of Key Stage 2 Pupils will:

- apply and develop a broader range of skills.
- link skills to make actions and sequences of movement.
- communicate, collaborate and compete with each other.
- improve in different physical activities and sports
- evaluate and recognise their own success.
- use running, jumping, throwing and catching in isolation and in combination.
- play competitive games, modified where appropriate.
- apply basic principles suitable for attacking and defending.
- develop flexibility, strength, technique, control and balance.
- perform dances using a range of movement patterns.
- take part in outdoor and adventurous activity challenges both individually and within a team.
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- swim competently, confidently and proficiently over a distance of at least 25 metres.
- use a range of strokes effectively.
- perform safe self-rescue in different water-based situations.

Swimming is delivered (off-site) by qualified swimming instructors. Teachers are expected to assist in the teaching of swimming and through professional dialogue, discuss assessment and interventions needed to achieve end of Key Stage expectations.

Implementation

In conjunction with the detailed progressive curriculum document, The Power of P.E ensures that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum. Our overarching aim is for teachers to have the knowledge and skills they need to feel confident in teaching all areas of PE, regardless of their main areas of expertise and this is achieved through CPD. The PE and Sports Premium is invested into CPD to ensure that all staff are confident in delivering a range of sporting activities, providing the highest quality teaching for the children. Staff then share what they have learnt through their CPD with other members of staff.

Staff use The Power of P.E for lesson plans along with any additional lesson plans they have attained from CPD. This is to ensure that children are given the opportunity to practise existing skills and also build on these to develop new or more advanced skills. However, this is not to say that this structure should be followed rigidly: it allows for this revision to become part of good practice and ultimately helps build depth to the children's knowledge, skills and understanding in PE. Teachers are tasked to ask the children key questions linked to the sporting activity which address key vocabulary, safety points and rules. These allow teachers to assess the different levels of understanding at various points

in the lesson and also allow time to recap concepts where necessary, helping to embed learning.

In addition to high-quality teaching, children are given ample opportunities to be physically active through cross-curricular implementation and the use of our running track and activity trackers. Bought through Sports Premium funding, Swindon Village's years 4, 5 and 6 have access to Moki Bands. These activities bands are used throughout the year to set activity challenges and competitions (highlighting the importance of being active). Intra School competitions/showcases, that involve using the skills learnt within that unit, give children the opportunity to compete and demonstrate skills learnt throughout a unit. It is also another chance for teachers to assess skills learnt knowledge obtained. This assessment by teachers (in addition to pupil led assessing) can be done through the use of technology within lessons. Using photos and videos to highlight coaching points and WAGOLLS.

SEND children are supported by being put in to smaller groups, being given more appropriate equipment or by being part of intervention groups for fine or gross motor skill development.

Impact

Through the implementation of P.E. at Swindon Village, pupils should be happier to engage in a plethora of physical activities. They should be able to work individually or in groups towards a particular goal. Pupils should be confident to demonstrate skills and express a greater knowledge of a wide range of sports and activities. At Swindon Village, we want values and morals to be evident throughout sporting events that can then be translated in to everyday situations. Children should understand and display the importance of fair play, perseverance and self-belief.

We know that children are doing well in P.E. at Swindon Village by the use of teacher assessment and target tracking. In addition, by giving children immediate feedback through the use of technology, we can understand how pupils are learning and how we can assist them further. Deploying supporting adults in a way that benefits the children within the class in the most efficient way possible is another way that teachers can obtain a good understand of how well the children are learning.

The overall impact of P.E. at Swindon Village should result in children who can talk about P.E and children who enjoy their learning in P.E. The children should have a strong understanding of personal, physical development (as well as the benefits of regular physical exercise). It is also hoped that extra-curricular sport is taken up by a high percentage of pupils and that pupils continue to practise skills in other times during their school day.